

## **TAIZÉ PRAYER: AUGUST 30th @ 7 P.M.**

### **ALL ARE WELCOME!**

Thursdays have been designated as our Parish Day of Prayer. Since August 30<sup>th</sup> is the 5<sup>th</sup> Thursday of the month, we will have a Taizé prayer service here at St. Mary of Vernon at 7 p.m.

Taizé is a meditative common prayer that includes repetitive singing, Scripture, silent meditation, lit candles, dim lights and prayers of petition. The service is about contemplation and being in touch with God. The repetitive songs allow people to continue to pray the songs in their heads even after the service is over. The music is simple, more like a chant rather than singing a hymn. Silence is also an important part of the Taizé service. It is in the silence that we hear God speak and invite the Holy Spirit to pray in us.

Taizé prayer originated in Taizé, France by a monk named Brother Roger who gathered around him men of different Christian denominations to come together for worship. It has since become a world-wide ecumenical movement. Its peaceful, contemplative nature has drawn millions from all over the world to practice this kind of worship.

There are very few 5<sup>th</sup> Thursdays in the year so you are invited to take this rare opportunity to experience this type of prayer. Join us for a calm, quiet and welcome respite from the busyness of the day. If you would like to know about Taizé, please go to the SMV website for further information and click on the link that will take you to a Taizé service.

